Excel provides a variety of keyboard shortcuts to help you navigate, perform actions, and work more efficiently. Here are some commonly used shortcuts in Excel:

1. **Navigation Shortcuts:**
	* **Arrow Keys:** Move one cell up, down, left, or right.
	* **Ctrl + Arrow Keys:** Move to the edge of data region in the direction of the arrow.
	* **Ctrl + Home:** Move to the beginning of the worksheet.
	* **Ctrl + End:** Move to the last cell of the active sheet that contains data.
2. **Selection Shortcuts:**
	* **Shift + Arrow Keys:** Extend the selection of cells.
	* **Ctrl + Shift + Arrow Keys:** Extend the selection to the edge of data in the direction of the arrow.
3. **Editing Shortcuts:**
	* **F2:** Edit the active cell.
	* **Ctrl + C:** Copy selected cells.
	* **Ctrl + X:** Cut selected cells.
	* **Ctrl + V:** Paste copied or cut cells.
	* **Ctrl + Z:** Undo the last action.
	* **Ctrl + Y:** Redo the last undone action.
4. **Cell Formatting:**
	* **Ctrl + B:** Bold.
	* **Ctrl + I:** Italic.
	* **Ctrl + U:** Underline.
	* **Ctrl + 1:** Format cells dialog box.
5. **Inserting/Deleting:**
	* **Ctrl + Shift + "+":** Insert a new worksheet.
	* **Ctrl + "-":** Delete the selected cells.
6. **Autofill:**
	* **Ctrl + R:** Fill the right.
	* **Ctrl + D:** Fill down.
7. **Find and Replace:**
	* **Ctrl + F:** Open Find dialog.
	* **Ctrl + H:** Open Find and Replace dialog.
8. **Workbook Navigation:**
	* **Ctrl + Page Up/Page Down:** Move between worksheets.
9. **Formula Related:**
	* **Alt + =:** AutoSum.
	* **F4:** Repeat the last action.
10. **Miscellaneous:**
	* **Ctrl + S:** Save the workbook.
	* **Ctrl + P:** Print.
	* **Ctrl + N:** Create a new workbook.
	* **Ctrl + O:** Open an existing workbook.